Check out our **Exciting** program options for **SuperHIGH!**

FOREST SPRINGS
CAMP & CONFERENCE CENTER

High Ropes Course

Cost: Free

Safely harnessed and helmeted, you can experience the excitement and challenge of our High Ropes Course, 30 - 50 feet above the ground. Learn to communicate, trust, and work together with your team to conquer each of the elements. Whatever your experience, you will be pushed and stretched to discover things of God, others, and yourself all in marvelous ways. You also won't want to miss the opportunity to check out our QuickJump exit!

Low Impact Paintball Course

Cost: $20 per 2hr Afternoon Session

The all-new paintball experience for players looking for the excitement of traditional paintball with equipment specially engineered to reduce velocity and deliver light impacts. Our Low Impact Paintball program is specifically designed to eliminate that fear of getting hit while providing the experience of what paintball is all about. Low Impact Paintball is perfect for kids and beginner players who may be hesitant.

Remember: Health Forms and Terms & Conditions must be completed online. Without completing these, you **WILL NOT** have the opportunity to join in any of these activities. Close-toed shoes and appropriate clothing are also necessary for participation.

(The Health Waiver Form and Behavior Agreement can also be printed at http://www.forestsprings.us/downloads)

How Do I Sign Up???

Sign-ups for these activities are open the first evening, but they will be available at the program counter for your convenience.