

MELTDOWN PACKING GUIDE

Forest Springs Camp and Conference Center



What to Pack:

- **If you haven't already completed the health information and terms and conditions online**, bring a completed Winter Health Waiver Form and Behavior Agreement (available to download and print at <https://www.forestsprings.us/downloads>).
- If your child is on prescribed medications, we need a Physician's Authorization Form. This can also be downloaded at <https://www.forestsprings.us/downloads>.
- Sleeping Bag or other bedding, pillow, towels, and personal items.
- Warm clothes (dress-up clothes are not needed), casual layers, long underwear, snow pants (or another waterproof layer), jacket, 2 pairs of gloves (they will get wet), scarf, hat, warm boots, and other outdoor wear.
- Masks (there are times when they will be required)
- Bible, notebook, pen, etc.
- Optional: Skis, snowboards (must have metal edges and lock-in or strap-in bindings), snowshoes and ice skates
- Spending money for rental equipment and/or stores.
Downhill skis for the full camp: \$18. Cross-Country skis for the full camp: \$10. Snowboards for the full camp: \$18. Any winter equipment can also be rented for lower rates per morning, afternoon or evening. Further details on rental prices can be downloaded at <https://www.forestsprings.us/downloads>.

Please leave these items at home:

- iPods, MP3 players, laptops, or other media equipment.
- Snowmobiles, snow saucers, or other sledding items.
- Pocket or other knives, lighters, matches, or laser pointers.
- Fireworks, tobacco, cigarettes, drugs, or alcohol.

Privacy Statement

Forest Springs respects the privacy of all campers. However, the camp administration believes that order, safety and the well-being of others has to come first. Thus, campers must not have an expectation of privacy from a search by the camp administration of his/her belongings. Forest Springs reserves the right to search camper's belongings for inappropriate items such as, but not limited to the following – knives, guns, and explosives such as firecrackers, alcohol, stolen items, cigarettes, and drugs.

If a camper's personal belongings are searched, there will be at least two staff members present in addition to the camper. One of the staff will be an administrative missionary staff member. If any illegal and/or inappropriate items are found, the items will be confiscated and held at the executive director or resident program director's office. Immediate attempts will be made to contact the parents/guardians. Any additional action, other than confiscating the item, will depend on the situation. If the decision is made by Forest Springs' staff to contact law enforcement, a good faith effort will be made to contact the parents/guardians first.